



The Art and Science of Meditation

Join Alejandro Chaoul, Ph.D., assistant professor and director of education in the Integrative Medicine Program as he leads participants through the artful origins behind meditation. Take home some practical tips to start a practice in your own life.

Date: Thursday, June 16

Time: 6:30 p.m.

Location: Museum of Fine Arts Houston (Beck Building, 5601 Main Street)

Questions? Kira Taniguchi KMTaniguchi@mdanderson.org

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